

CULTURAL YOGA RETREAT PURI BAGUS CANDIDASA

www.puribaguscandidasa.com

Surrender to the beauty and healing culture of Puri Bagus Candidasa. Our team offers sage advice and a diverse range of revitalizing activities and services. This serene place makes you return to your very self, helps you to re-focus and restore your body-mind balance.

3 NIGHTS

Cultural Yoga Retreat includes:

- 3 nights stay with daily Breakfast including healthy juice
- 3x Healthy set Dinner also available Vegetarian & Vegan
- 1x 1 Hour Traditional Candidasa Body Massage
- Daily Morning Yoga Session
- 1x Optional Activities* (approx. 3 hours)

5 NIGHTS

Cultural Yoga Retreat includes:

- 5 nights stay with daily Breakfast including healthy juice
- 5x Healthy set Dinner also available Vegetarian & Vegan
- 1x 1 Hour Traditional Candidasa Body Massage
- Daily Morning Yoga Session
- 1x Optional Activities* (approx. 3 – 4 hours)
- 1x 2 Hours Royal Karangasem Spa Treatment

7 NIGHTS

Cultural Yoga Retreat includes:

- 7 nights stay with daily Breakfast including healthy juice
- 7x Healthy set Dinner also available Vegetarian & Vegan
- 1x 1 Hour Traditional Candidasa Body Massage
- Daily Morning Yoga Session
- 1x Optional Activities* (approx. 3 – 4 hours)
- 1x 2 Hours Royal Karangasem Spa Treatment
- 1x 1.5 Hours Tirtagangga After Sun Body & Hair Care Spa Treatment

* 1x OPTIONAL ACTIVITIES

You may choose one of the following menus per session:

- Snorkling to Gili Tepepong (14.00-16.00)
- Kastala - Tenganan Trekking (10.30-13.30)
- Cooking Class including lunch (11.00-13.30)

OTHER BENEFITS:

- Tropical Welcome Juice
- Free scheduled shuttle transport to nearest center area
- Daily Afternoon Tea / coffee at Cafe/ Bar area (from 15.00 - 16.00)
- Daily seasonal tropical fruits
- Free Wi-Fi internet connection
- Complimentary 2 bottles of mineral water per day per room
- Joining our Culture Experience and Retreat Program :
Introductory Yoga open for all in house guests, every Tuesday & Friday (7.30 – 8.45);
Making Canang/Balinese Dance Lesson/Making Balinese Sweet cake/ Balinese Lontar making demonstration (14.00 – 15.00).

Please indicate your expected time of arrival upon reservation and should you require transfer service arrangement please let us know. We are more than happy to assist you in creating a memorable stay.





PURI BAGUS CANDIDASA
A HEAVEN OF PEACE & GRACEFUL SERVICE

MODEL SCHEDULE

	3N	5N	7N	Start - Finish	Remark
DAY	1	1	1	14.00	Check in
				19.00 - 22.30	Healthy Set Dinner; also available Vegetarian & Vegan Cuisine
DAY	2	2	2	07.30 - 08.45	Daily Morning Yoga Session
				07.30 - 10.00	Breakfast
					Traditional Candidasa Body Massage (60 minutes)
				19.00 - 22.30	Healthy Set Dinner; also available Vegetarian & Vegan Cuisine
DAY	3	3	3	07.30 - 08.45	Daily Morning Yoga Session
				07.30 - 10.00	Breakfast
					*1 x Optional Activities (approx. 3 hours)
				19.00 - 22.30	Healthy Set Dinner; also available Vegetarian & Vegan Cuisine
DAY	4	4	4	07.30 - 08.45	Daily Morning Yoga Session
				07.30 - 10.00	Breakfast
				19.00 - 22.30	Healthy Set Dinner; also available Vegetarian & Vegan Cuisine
				07.30 - 08.45	Daily Morning Yoga Session
DAY	5	5	5	07.30 - 10.00	Breakfast
					Royal Karangasem Spa Treatment (120 minutes)
				19.00 - 22.30	Healthy Set Dinner; also available Vegetarian & Vegan Cuisine
				07.30 - 08.45	Daily Morning Yoga Session
DAY	6	6	6	07.30 - 10.00	Breakfast
				19.00 - 22.30	Healthy Set Dinner; also available Vegetarian & Vegan Cuisine
				07.30 - 08.45	Daily Morning Yoga Session
				07.30 - 10.00	Breakfast
DAY	7	7	7	07.30 - 08.45	Daily Morning Yoga Session
				07.30 - 10.00	Breakfast
					Tirta Gangga After Sun Body & Hair Care Spa Treatment (90 minutes)
				19.00 - 22.30	Healthy Set Dinner; also available Vegetarian & Vegan Cuisine
DAY	4	6	8	07.30 - 08.45	Daily Morning Yoga Session
				07.30 - 10.00	Breakfast
				12.00 at noon	Check out

CULTURAL YOGA RETREAT (USD)

Room Nights		Low & Shoulder season 06 Jan - 30 Jun; 01 Sep - 20 Dec			High season 01 July - 31 Aug			Festive season 21 Dec - 05 Jan <i>*include New Year Eve Dinner</i>		
		3 N	5 N	7 N	3 N	5 N	7 N	3 N	5 N	7 N
Deluxe Garden	Single	666	1128	1550	741	1253	1725	716	1178	1600
	Double	954	1626	2218	1029	1751	2393	1054	1726	2318
Deluxe Sea	Single	801	1353	1865	876	1478	2040	851	1403	1915
	Double	1086	1846	2526	1161	1971	2701	1186	1946	2626

VALID UNTIL 30TH OF NOVEMBER 2020

Rates are including 10% governmental tax and 11% service charge.